

# Androgens and androgen receptor signaling in prostate tumorigenesis

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## Abstract

Androgens and androgen receptor (AR) signaling are necessary for prostate development and homeostasis. AR signaling also drives the growth of nearly all prostate cancer cells. The role of androgens and AR signaling has been well characterized in metastatic prostate cancer, where it has been shown that prostate cancer cells are exquisitely adept at maintaining functional AR signaling to drive cancer growth. As androgens and AR signaling are so intimately involved in prostate development and the proliferation of advanced prostate cancer, it stands to reason that androgens and AR are also involved in prostate cancer initiation and the early stages of cancer growth, yet little is known of this process. In this review, we summarize the current state of knowledge concerning the role of androgens and AR signaling in prostate tissue, from development to metastatic, castration-resistant prostate cancer, and use that information to suggest potential roles for androgens and AR in prostate cancer initiation.

## Key Words

- ▶ androgen
- ▶ prostate
- ▶ prostate cancer
- ▶ androgen receptor
- ▶ cancer initiation

*Journal of Molecular Endocrinology*  
(2015) 54, R15–R29

## Introduction

Prostate cancer is the second most frequently diagnosed cancer and the sixth leading cause of cancer death in men worldwide (Siegel *et al.* 2013). Prostate cancer can often be cured with definitive local intervention (surgery or radiation), but once the cancer metastasizes, it is incurable. Our most effective regimens for treating metastatic prostate cancer have arisen from the pioneering experiments, in which suppression of testicular testosterone production was shown to cause tumor regression (Huggins & Clark 1940). Since then, our ability to inhibit androgen synthesis and androgen receptor (AR) signaling has improved, and several agents are now approved for treatment of metastatic prostate cancer (Friedlander & Ryan 2012). The observations that prostate development depends on androgens and AR signaling and that nearly all prostate cancer cells are critically dependent upon androgens and AR signaling for growth are the basis for the hypothesis that androgens and

AR signaling play a causative role in prostate tumorigenesis; however, little is known about this process. One early event that appears to occur in all prostate cancers is a transition from AR-guiding cytodifferentiation of luminal epithelial cells to AR driving the uncontrolled proliferation of these cells. This 'malignancy switch' is likely a central event in tumorigenesis, as AR becomes the primary driver of neoplastic growth in malignant cells. In this review, we will briefly discuss the known roles of androgens and AR in prostate development and homeostasis and in advanced stages of prostate cancer, focusing on aspects of these processes that might inform the role of androgens and AR in prostate cancer initiation. We will conclude with what is known concerning the role of androgens and AR in prostate cancer initiation and the early stages of cancer growth, and discuss possible mechanisms by which androgens and AR contribute to tumorigenesis.

## Androgens and AR in prostate development and homeostasis

The prostate is a primary target organ of androgens, and the androgenic dependence of prostate development and homeostasis has been well reviewed (Litvinov *et al.* 2003, Marker *et al.* 2003). Briefly, the androgens testosterone, produced by the fetal testis, and dihydrotestosterone (DHT), produced by local conversion of circulating testosterone by 5 $\alpha$ -reductase, act to specify the development of the urogenital sinus (UGS) into prostate via stimulation of the AR (Fig. 1A) (Pointis *et al.* 1979, 1980). The adult prostate consists of a fibromuscular stroma comprised of various mesenchymal lineage cells surrounding secretory ducts comprised of basal and luminal epithelial cells, with rare neuroendocrine cells interspersed. The postnatal development and maturation of the prostate are believed to depend on the reciprocal interactions between the stromal (mesenchymal) and epithelial compartment (Fig. 2A) (Hayward *et al.* 1998). The stromal cells are thought to secrete peptide growth factors (andromedins) in response to androgen signaling through AR in these cells, although a true andromedin remains to be identified (Lu *et al.* 1999, Planz *et al.* 1999). Binding of andromedins to the receptors on basal cells promotes their proliferation and differentiation into luminal cells (Wikstrom *et al.* 1999) and generates intracellular signals, which repress the apoptosis pathway to allow homeostatic maintenance of luminal cells. The canonical pathway of prostate epithelial differentiation suggests that basal cells can self-renew or differentiate into luminal cells in a multistep process that involves partially differentiated intermediate, or transit amplifying cells (Wang *et al.* 2001). However, there is still much to learn about the process of prostate epithelial differentiation and self-renewal, as recent work has clearly demonstrated the existence of self-renewal for both luminal and basal cell populations (Choi *et al.* 2012), and unraveling the process of differentiation has important implications for cancer initiation (Wang & Shen 2011).

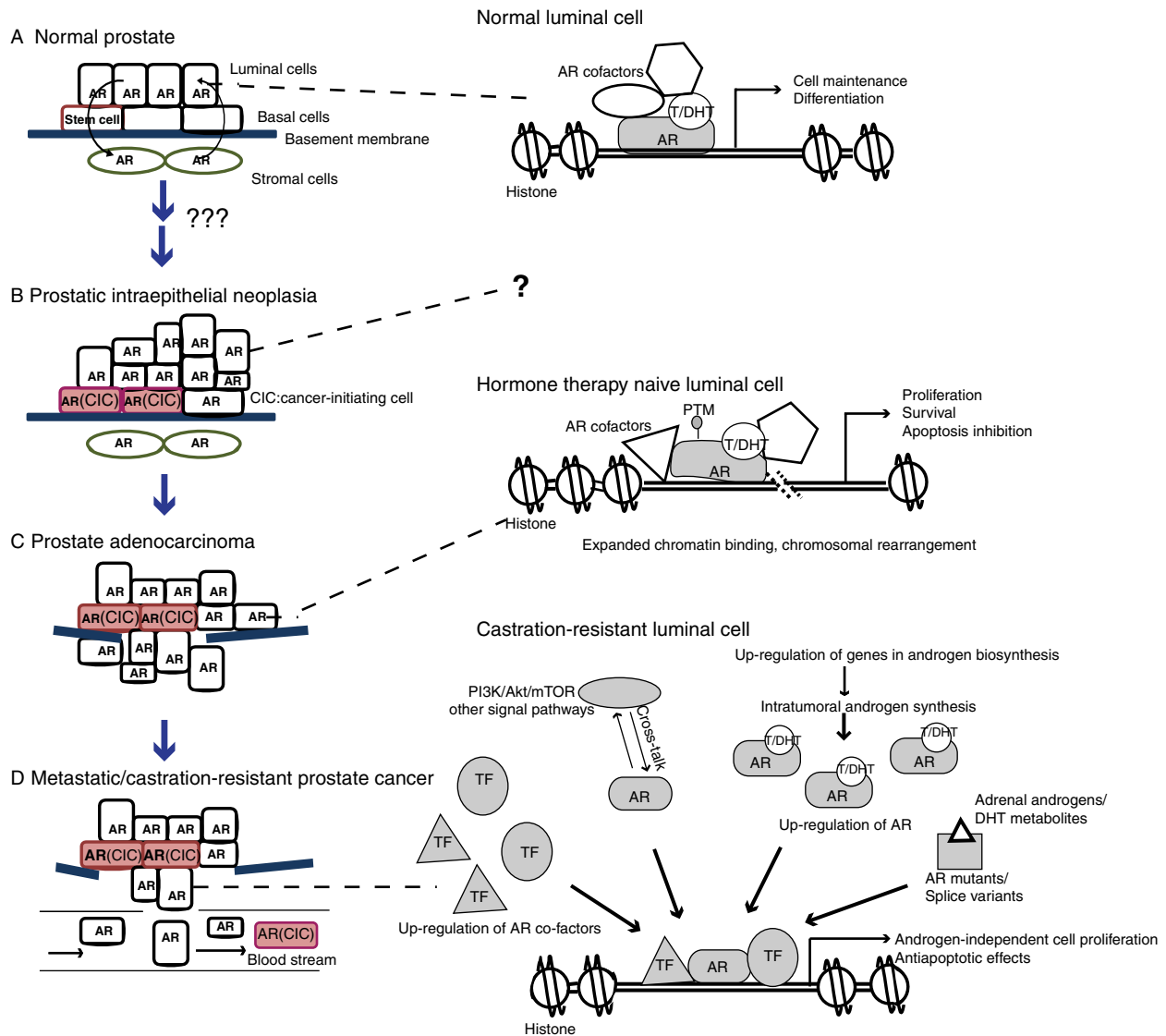
One unanswered question in prostate cancer initiation concerns the role of AR in the different cells of the prostate. Luminal cells express high levels of AR and respond directly to androgens by stimulating production and secretion of prostatic differentiation markers. Basal cells are usually considered to lack AR expression, but several studies have reported AR localization using immunohistochemistry in a subset of basal cells in normal human and rodent prostate specimens as well as hyperplastic human prostate samples (Bonkhoff & Remberger 1993,

Mirosevich *et al.* 1999). Similarly, intermediate cells are considered to lack AR expression. However, increasing evidence shows that some intermediate cells can express AR, including experiments in ARKO mice that demonstrated that AR expression in intermediate cells is necessary for suppressing proliferation and promoting differentiation into luminal epithelial cells (Mirosevich *et al.* 1999, Lee *et al.* 2012). The disposition of the androgen/AR signaling axis in these cells likely influences future prostate cancer development.

Homeostatic maintenance of adult prostate epithelium is also dependent on AR signaling. Androgen deprivation by castration in adult mice results in prostate involution due to epithelial cell apoptosis (Isaacs 1984, Kyprianou & Isaacs 1988), and androgen supplementation in castrated animals can restore prostate size and ductal morphology (Sugimura *et al.* 1986, Kyprianou & Isaacs 1988). In a series of pioneering experiments, epithelial cells from WT or AR-null mice were combined with normal rat stroma and engrafted into immunocompromised mice where they formed tissue resembling prostate (Kurita *et al.* 2001). After castration of host mice, apoptosis was observed in both WT and AR-null recombinant prostates, and androgen supplementation blocked castration-induced apoptosis in both recombinant tissues. These and other experiments suggest that stromal AR signaling promotes epithelial cell growth and prostate regeneration while epithelial AR functions to maintain homeostasis through suppression of basal cell proliferation and stimulation of differentiated luminal cell survival (Wu *et al.* 2007, Yu *et al.* 2012). These studies establish a framework for androgen and AR action in the various cell types that have been implicated in homeostatic regulation of the adult prostate gland, and they provide a benchmark against which to measure changes that occur in the androgen/AR signaling axis during the development of prostate cancer.

## Androgens and AR in metastatic castration-resistant prostate cancer

Luminal epithelial AR plays a suppressive role during adult prostate homeostasis, but it plays a very different role in cancerous prostate tissue, which is composed primarily of luminal epithelial cells (Fig. 1B and C). The role of androgens and AR has been intensely studied in metastatic prostate cancer and much of what has been discovered in this setting may provide clues to the role of androgens and AR in the early stages of tumorigenesis, of which comparatively little is known. Androgen deprivation

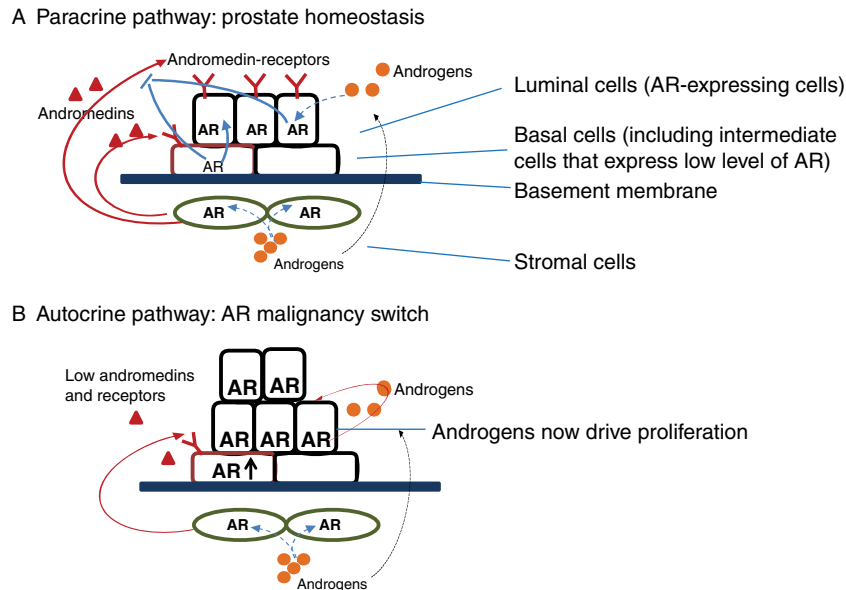
**Figure 1**

The role of AR signaling in prostate development and cancer: (A) in normal prostate, prostate homeostasis is well balanced by reciprocal signaling between prostate stromal and epithelial layers. Prostate stem cells are rare and maintained at a low self-renewal rate. In normal luminal epithelial cells, AR translocates to the nucleus upon androgen binding where it interacts with cofactors and transcriptional machinery to direct the transcription of genes involved in cell differentiation to maintain prostate homeostasis. Basal epithelial cells express very little AR or none at all. (B) Through unknown mechanisms, normal prostate cells are transformed and become cancer initiating cells (CICs). Prostatic intraepithelial neoplasias or other early cancer lesions become histologically evident. Associated with this event, cells in the basal layer express higher levels of AR, but the status of AR in these earliest cancer cells is unknown.

(C) In prostate adenocarcinoma, a series of cellular and molecular changes occur, which result in luminal cells in which the AR transcriptional program switches from regulating cell differentiation to cell proliferation. Altered AR activity is likely influenced by altered post-translational modifications (PTMs), altered association with coregulators and other transcription factors, and genomic rearrangements. (D) In CRPC, as the availability of androgen from the bloodstream becomes limited, prostate cancer cells can maintain AR activity through other mechanisms (which include upregulation of AR and its splice variants, intratumoral androgen synthesis, cross-talk with other signal pathways, and increased/altered expression of AR cofactors). A full colour version of this figure is available via <http://dx.doi.org/10.1530/JME-14-0203>.

therapy (ADT) remains the most effective therapy for metastatic prostate cancer. However, androgen depletion is usually associated with the recurrence of prostate cancer. This recurrent disease is termed as castration-resistant

prostate cancer (CRPC). An interesting feature of CRPC is that, despite low levels of systemic androgen after castration, active AR signaling is maintained in these recurrent prostate cancers (Mostaghel & Plymate 2011).

**Figure 2**

Paracrine-to-autocrine AR signaling and the AR malignancy switch: (A) in normal adult prostate, androgens regulate growth and maintenance of the prostate epithelium through a paracrine mechanism. In the presence of adequate androgens, andromedins are produced by stromal cells and bind to specific receptors on prostate epithelial cells, which promote the proliferation and survival of prostate epithelial cells. AR signaling in the epithelial cells counteracts these signals and promotes differentiation into luminal cells. (B) During malignant transformation, the paracrine mechanism of AR action is replaced by an emergent autocrine mechanism.

This has prompted several groups to search for mechanisms contributing to AR activation in the setting of low systemic androgen (Fig. 1D). AR amplification/overexpression has been suggested by many studies as one of the mechanisms leading to ADT failure (Bubendorf *et al.* 1999). Several studies have shown that AR mutations are relatively rare (Taplin *et al.* 2003), but that treatment with AR antagonists increases their incidence and that these mutant ARs can be activated by a greater variety of ligands (Culig *et al.* 1993, Taplin *et al.* 1995, 1999, Zhao *et al.* 2000). Identification of AR splice variants (AR-Vs) in cell lines and tumor tissues derived from patients with CRPC (Dehm & Tindall 2011, Li *et al.* 2012) provides an additional mechanistic explanation for the development of CRPC. Altered interactions between AR and coregulators have also been implicated in the development of CRPC (Shiota *et al.* 2011), including SRC-1 (Ueda *et al.* 2002), SRC-2 (Agoulnik *et al.* 2006), and SRC-3 (Xu *et al.* 2009), which are positively associated with high tumor cell proliferation, early disease relapse, and the development of poorly differentiated prostate cancer (Xu *et al.* 2009). In addition to functional contributions of AR,

The AR-mediated proliferation and survival of a subset of epithelial cells become cell-autonomous, and these cells are no longer dependent on stromal paracrine signals (i.e. andromedins). The cell-autonomous AR signaling pathologically allows androgen/AR complexes to bind and enhance expression of survival and proliferation genes that are normally not regulated by these complexes in either intermediate cells or luminal cells. A full colour version of this figure is available via <http://dx.doi.org/10.1530/JME-14-0203>.

AR-Vs, and AR coregulators, many other signaling pathways have been shown to influence the AR signaling axis and the development of CRPC (for review, see Lamont & Tindall (2011)). Notably, the PI3K/Akt/mTOR pathway and AR signaling pathway have recently been shown to regulate each other through complex reciprocal feedback mechanisms (Carver *et al.* 2011, Mulholland *et al.* 2011). Other studies further suggest that PI3K signaling allows continued AR signaling despite reduced androgen levels, possibly through activation by post-translational modification (PTM) or reduced corepressor activity (Mulholland *et al.* 2006).

The other prevailing explanation for persistent AR signaling in the setting of castrate serum testosterone concentrations is the continued presence of intracellular androgens at levels adequate to activate WT AR. Several research groups have shown that substantial amounts of testosterone and DHT are present in human prostate tissue after pharmacological or surgical castration (Cai & Balk 2011). The levels of these intraprostatic androgens are sufficient to activate the AR and stimulate the expression of AR-regulated genes. The source of these intraprostatic

androgens is not yet clear, but changes in the amount of mRNA and in the expression rate of enzymes in the steroid synthesis pathway have been confirmed in different studies (Cai & Balk 2011), which suggests that CRPC cells have the ability to synthesize androgens *de novo* from available precursors to maintain functional levels of androgens and AR signaling.

Although the above changes in the androgen/AR signaling axis occur in metastatic CRPC under selective pressure from hormonal therapies, it is possible that they are relevant in the earliest stages of prostate cancer as well, especially in aging men with decreasing systemic testosterone levels. Accumulating evidence suggests that benign prostate tissue can adapt to low systemic testosterone in many of the same ways CRPC tissue does, as will be discussed in the following sections.

### AR in prostate cancer initiation

Direct evidence for the necessity of AR in prostate cancer initiation is sparse. One suggestion that AR plays a causative role in tumorigenesis comes from studies demonstrating an association between CAG repeat length, which influences AR activity, and the risk of prostate cancer (PC); however, other studies contradict these findings (Bosland 2000, Nelson *et al.* 2003, Lindstrom *et al.* 2010, Price *et al.* 2010). Two studies of genetically modified mice suggest that AR plays a role in cancer initiation. 45% of mice with AR overexpression driven by the probasin promoter developed dysplastic lesions or prostatic intraepithelial neoplasia (PIN), but no cancer was observed (Stanbrough *et al.* 2001). However, mice expressing a constitutively active E231G AR mutant developed adenocarcinoma in the ventral prostate and metastases (Han *et al.* 2005). More recently, a gene signature set derived from this model was able to distinguish between primary Gleason grade 3 and Gleason grade 4 tumors and between human non-malignant and cancerous prostate (Thompson *et al.* 2012).

Although not directly testing the contribution of AR to tumor initiation, several clinical trials in men with localized prostate cancer have shown that competitive antagonists of AR can reduce tumor volume and the risk of progression, suggesting that AR does play a role in the early stages of the disease. For example, bicalutamide monotherapy significantly improves progression-free survival and reduced the risk of objective progression in several large, prospective studies (McLeod *et al.* 2006, Wirth *et al.* 2007). Several studies employing intermittent ADT comprised of bicalutamide, luteinizing hormone-releasing hormone (LHRH) agonists, and 5 $\alpha$ -reductase

inhibitors in men with localized prostate cancer have shown benefits as well, including a study of 110 men where a low serum prostate-specific antigen (PSA) level was maintained by 92% of men over a median of 55 months follow-up (Leibowitz & Tucker 2001, Scholz *et al.* 2011). Studies of competitive antagonists in men without history of prostate cancer have been difficult to carry out, so we may not be able to directly determine the effect of AR inhibitors on human prostate cancer incidence.

Perhaps the key molecular event involving AR in prostate tumorigenesis is the transition from AR guiding differentiation to driving proliferation in luminal epithelial cells (Fig. 2A and B). The specifics of this 'malignancy switch' have been poorly described, and even less is known about what drives this switch. As discussed in the first section, AR action in stromal cells drives the formation of the prostate, but AR action in luminal epithelial cells controls cytodifferentiation and prostatic secretions. During the initiation of prostate cancer, distinct changes occur in AR signaling pathways (Fig. 2B). Intermediate cells express higher levels of AR, which results in AR stimulating the proliferation of these cells instead of their differentiation. The proliferation and the survival of a subset of dysplastic prostate epithelial cells are no longer solely dependent on stromal paracrine signals (i.e. andromedins); instead, cell-autonomous AR signaling becomes active (Gao & Isaacs 1998, Gao *et al.* 2001, Memarzadeh *et al.* 2011). The cell-autonomous AR signaling pathologically allows androgen/AR complexes to bind to and enhance expression of survival and proliferation genes that are normally not regulated by these complexes in either intermediate cells or luminal cells (Gao & Isaacs 1998, Gao *et al.* 2001, Memarzadeh *et al.* 2011). Using DNA microarray or other high-throughput approaches, several studies have comparatively analyzed the expression profile of androgen-regulated genes in model cell lines and in clinical specimens derived from prostate cancer patients at different developmental stages or with varying treatment histories (see review Jin *et al.* (2013)). For instance, Nelson *et al.* (2002) characterized the temporal program of transcription, which reflects cellular responses to androgens in neoplastic prostate epithelium, and identified 146 androgen-responsive genes with transcript alterations; some of these transcripts encode proteins involved in metabolism, cell proliferation, and prostate differentiation. Similar results have been reported in cells derived from CWR22-relapsed tumors (Chen *et al.* 2010). These studies suggest that changes in the AR-driven transcriptional program are fundamental to prostate cancer development and progression, but they offer little



insight into the role of AR transcriptional activity in human benign luminal epithelial cells. Several genome-wide studies in mice have shed some light on the AR-regulated program in benign prostate tissue. Wang *et al.* (2007) profiled gene expression by microarray in the mouse after castration and hormone replacement, finding that most significantly regulated genes were involved in cell adhesion, metabolism, and cell-cycle progression. Pritchard *et al.* (2009) profiled gene expression in the mouse prostate at seven time points, from prostate induction through branching morphogenesis, to full adult secretory differentiation. Comparing their findings with earlier gene expression studies in two genetically engineered mouse models of prostate cancer (*Pten*<sup>-/-</sup> and *Myc* overexpression), they found that genes altered in murine prostate adenocarcinoma were consistent with expression changes during the branching morphogenesis stage of prostate development. Schaeffer *et al.* (2008) performed a similar experiment, characterizing the temporal program of transcription in response to DHT in embryonic mice. They found several pathways important for prostate bud development, including FGF, PTEN/PI3K/mTOR, and Wnt signaling. Interestingly, by comparison with several human prostate cancer microarray datasets (Tomlins *et al.* 2007a), the developmental genes had significant overlap with genes known to be involved in early stages of cancer development and in invasion of advanced prostate cancers. Equivalent experiments in humans cannot be performed, but a few studies have attempted to determine the expression of known AR target genes in benign prostatic epithelia in comparison with early-stage malignant epithelia. In one study, Velasco *et al.* (2004) demonstrated that FKBP51 expression was significantly higher in prostate tumor samples compared with benign prostatic hyperplasia (BPH) samples and may be a potential diagnostic marker for prostate cancer. Together, these studies of the AR transcriptome provide reference gene sets for normal and cancerous prostate epithelial cells, which can serve as a marker for the AR malignancy switch.

Our knowledge of the gene regulatory programs driven by AR in benign vs early prostate cancer luminal cells is deficient and must be expanded. Likewise, our knowledge of AR chromatin binding patterns in benign vs cancerous luminal cells is limited. Using ChIP-on-Chip and ChIP-Seq, multiple groups have reported thousands of AR direct binding events in prostate cancer cell lines and tissues, showing different binding patterns in different stages of cancer (Massie *et al.* 2011, Jin *et al.* 2013, Sharma *et al.* 2013). Because all of these studies have been performed in cancerous cells, little is known of AR binding

patterns in benign prostate or very-early-stage prostate cancers. At the most recent ASCO meeting, Pomerantz *et al.* (2014) have reported on AR ChIP-seq experiments in normal and cancerous human prostate samples. DNA binding motif analysis showed that the consensus AR-binding site is the most significantly enriched motif in normal tissue, while FOXA1, HOXB13, and AR-binding sites were most significantly enriched in tumor tissue. This suggests that AR chromatin binding becomes more promiscuous, perhaps aided by altered association with the FOXA1 and HOXB13 transcription factors. Importantly, this study provides a potential read-out for the AR malignancy switch. While other factors may play a role, the altered binding preference of AR can likely be used as an indicator of the AR malignancy switch in many prostate cancers. However, the AR cistrome and transcriptome must still be more thoroughly characterized in benign and early cancerous luminal cells. Once a better description of the AR malignancy switch exists, it will then be possible to investigate factors that regulate the switch.

Several factors have already been proposed to drive altered AR binding behavior, including overexpression of AR and changes in AR or its binding partners (e.g. PTMs) that alter AR association with cofactors, other transcription factors, and chromatin. Direct changes to AR, including overexpression and PTMs that alter its association with DNA could contribute to the malignancy switch. In CRPC cells, Urbanucci *et al.* (2012) found that the overexpression of AR sensitizes the receptor to associate with chromatin, which can increase the number of binding sites that are occupied. These new binding events enable AR to increase the expression of cell cycle genes, and therefore, to drive cell proliferation in CRPC (Wang *et al.* 2009a). Increased expression of AR during initiation of prostate cancer might also drive a change in chromatin binding patterns that facilitate malignant proliferation. In recent years, a number of PTMs that alter AR activity have been discovered, including phosphorylation, acetylation, SUMOylation, methylation, and ubiquitination (Coffey & Robson 2012, Gioli & Paschal 2012). Some PTMs have been implicated in malignant transformation. For instance, AR serine-81 phosphorylation is increased in prostate cancer and leads to increased AR expression in prostate cancer cells. Phosphorylation of serine-81 also regulates AR chromatin binding and permits the recruitment of coactivators and subsequent chromatin remodeling required for transcription activity (Chen *et al.* 2012), which could attribute to the AR malignancy switch.

AR obviously plays a central role in the AR malignancy switch, but other factors likely influence the process.

The altered interaction of AR with different AR cofactors can affect how and where AR binds to DNA and might provide clues to how the AR malignancy switch is initiated. The binding activity of AR and thus the specificity of its transcriptional regulation are tightly controlled by a collection of pioneer factors and transcriptional cofactors. Over a hundred proteins have been found to interact with AR and effect AR recruitment to DNA and AR-regulated transcription (reviewed in Mills (2014)). Notably, a possible sequence of molecular events associated with dynamic AR reprogramming during clinical prostate cancer progression has been suggested (Mills 2014). This model proposes that DNA damage and chromatin rearrangement, caused by oxidative damage and other factors, leads to aberrant expression of AR coregulators, such as ETS family members, and subsequently causes changes in the AR-regulated transcriptome, which disrupts cellular balance and leads to AR-driven luminal cell proliferation. Among the AR coregulators that are candidates to drive the AR malignancy switch, the ETS family stands out. Chromosomal fusions of androgen responsive promoters, primarily *TMPRSS2*, with ETS family genes, primarily *ERG*, have been found in a large percentage of prostate cancer patients and are thought to occur early in cancer development (Demichelis & Rubin 2007, Kumar-Sinha *et al.* 2008, Weischenfeldt *et al.* 2013). ERG protein physically interacts with AR, but attenuates AR transcriptional activity at gene-specific loci, acting as an AR corepressor (Yu *et al.* 2010). However, ERG can perturb cell differentiation through interactions with polycomb group proteins (Yu *et al.* 2010). Another ETS family member often found in gene fusions, *ETV1*, upregulates AR-regulated genes as well as genes that are involved in steroid biosynthesis and metabolism (Baena *et al.* 2013). Although transgenic mouse models have revealed that overexpression of ETS family members in the prostate does not give rise to adenocarcinomas, pre-cancerous lesions including PIN have been reported in these models (Tomlins *et al.* 2007b, Klezovitch *et al.* 2008, Carver *et al.* 2009, King *et al.* 2009, Shin *et al.* 2009). It will be essential to determine if the AR malignancy switch is activated in these lesions.

Although oncogenic *ETS* gene fusions may play a central role in the AR malignant switch, these chromosomal rearrangements are thought to occur in 27–79% of patients (Williams *et al.* 2010), therefore additional factors likely contribute to the switch. Other candidates include *c-MYC* and *EZH2*. Amplification of the *c-MYC* oncogene has been shown to occur in PIN lesions as well as later stages of prostate cancer development (Ribeiro *et al.* 2007,

Shen & Abate-Shen 2010). Although in prostate cancer there is no genome-wide characterization of the interplay between *AR* and *c-MYC*, *c-MYC* physically interacts with *AR* (Gao *et al.* 2013) and *AR* and *c-MYC* share some coregulators (see review Mills (2014)) including bromodomain-containing proteins, which bind to active chromatin via recognition of acetylated lysine on histones (Jang *et al.* 2005). It is possible that the combination of bromodomain-containing proteins, *c-MYC* and *AR*, can function to synergize recruitment of the transcriptional machinery, altering the AR-regulated cistrome and transcriptome. *EZH2* is an epigenetic modifier that has been implicated in prostate carcinogenesis (Yang & Yu 2013). Studies have shown that abnormalities in the epigenetic landscape in prostate cancer can be detected at the earliest stages of transformation, the most remarkable being DNA methylation (Yegnasubramanian *et al.* 2004). DNA methylation is an event with close links to *EZH2* activity, as *EZH2* can directly interact with several DNA methyltransferases (*DNMT1*, *DNMT3A*, and *DNMT3B*; Sauvageau & Sauvageau 2010). An extensive list of genes, which exhibit hypermethylation in prostatic tumor cells, has been reported and includes genes involved in signal transduction, hormone response, cell cycle, and oxidative damage response (Li *et al.* 2004). In addition to its capacity as an epigenetic modifier, *EZH2* was recently reported to function as an AR coactivator, although its coactivator activity is dependent on AKT-mediated phosphorylation of *EZH2* (Xu *et al.* 2012). Using ChIP-seq, *EZH2* was found to bind not only to its consensus sites, but also to canonical AR binding sites (Zhao *et al.* 2012). It is possible that the coordinate regulation of AR chromatin binding and transcriptional regulation by AKT, *EZH2*, and DNA methylation cause AR to drive cell proliferation and/or suppress genes associated with prostatic differentiation (Zhao *et al.* 2012), thus contributing to the AR malignancy switch.

Future studies are imperative to determine the contribution of each of the above-mentioned factors to the initiation of the AR malignancy switch during the transformation of benign luminal cells into cancerous cells. An increased understanding of the DNA binding events and subsequent gene regulatory programs that distinguish AR activity in benign and malignant luminal epithelial cells will facilitate such studies.

## Androgens in prostate cancer initiation

AR likely plays a central role in tumorigenesis, and so too do its ligands. There is compelling evidence for androgens

in the initiation of prostate cancer, both from clinical trials and animal studies. Many retrospective trials have been conducted to determine the correlation between serum androgen levels and prostate cancer risk. In a longitudinal study of >200 000 European men, higher levels of circulating testosterone were found to be related with reduced risk of prostate cancer with the odds ratio for the top vs bottom quintile of 0.80 (95% CI=0.59–1.06; [Stattin et al. 2004](#)). Similar conclusions have been made through several other retrospective and prospective studies. Recently, two studies have clearly demonstrated a protective effect of increasing serum testosterone levels in hypogonadal men. In the first, registry studies of 942 men with serum testosterone levels  $\leq 12.1$  nmol/l from three German centers who received testosterone undecanoate for up to 16 years showed that men taking testosterone had a prostate cancer incidence of <55/10 000 patient-years in all three centers compared with an incidence of 116/10 000 patient-years in the PLCO trial or 96.6/10 000 patient-years in the ERSPC trial ([Haider et al. 2014](#)). The second report prospectively evaluated prostate cancer prevalence in elderly hypogonadal subjects ( $n=261$ ) under long-term testosterone replacement therapy (TRT) compared with an age-matched control group. They found that the TRT group had fewer, smaller tumors and less malignancy, and that lower levels of serum testosterone were associated with an increased risk of prostate cancer ([Yassin et al. 2014](#)). In addition, several cross-sectional studies have found that a low serum testosterone level at the time of prostate cancer diagnosis is associated with more aggressive disease ([Massengill et al. 2003](#), [Imamoto et al. 2005](#), [Isom-Batz et al. 2005](#)). [Schatzl et al. \(2001\)](#) found that not only did men with low serum testosterone have more aggressive cancer, but AR expression was also elevated in the prostates of these patients. Moreover, [Morgentaler et al. \(1996\)](#) have reported that decreased serum testosterone levels can be an indicator for occult prostate cancer. While there are conflicting studies on the relationship between serum testosterone and prostate cancer risk ([Endogenous Hormones and Prostate Cancer Collaborative Group et al. 2008](#)), the bulk of the more recent studies suggests a link between low serum testosterone and increased prostate cancer risk.

Further evidence that androgens are involved in tumorigenesis comes from clinical trials with androgen synthesis inhibitors in men with localized prostate cancer. Treatment with a variety of androgen synthesis inhibitors such as dutasteride (5 $\alpha$ -reductase inhibitor), abiraterone (CYP17A inhibitor), and lupron (LHRH agonist) can cause

established tumors to regress (see review [Hu et al. \(2013\)](#)). Two large randomized prospective preventative trials have utilized the 5 $\alpha$ -reductase inhibitors dutasteride and finasteride and have shown a 23–24% reduced risk of developing prostate cancer in men using these drugs for 4–7 years ([Andriole et al. 2004](#), [Goodman et al. 2004](#)). These drugs prevent local conversion of testosterone to DHT, thus lowering tissue androgen levels instead of systemic levels. One criticism has been that these agents might merely be slowing the growth of pre-existing small cancers, which likely contributes to the lower incidence of cancer by biopsy detection. However, it is very likely that reduced tumorigenesis also contributes to the lower incidence of detection.

Evidence for the involvement of androgens in prostate tumorigenesis also comes from genetic association studies that have revealed polymorphisms in androgen pathway genes that are associated with prostate cancer susceptibility. 17 $\beta$ -hydroxysteroid dehydrogenase (*HSD17B*), cytochrome P-450c17 (*CYP17*), and steroid-5- $\alpha$ -reductase type 2 (*SRD5A2*) all encode proteins involved in androgen biosynthesis, and the majority of studies, but not all, have found alleles of these genes that significantly increase the risk of developing prostate cancer (see reviews [Nelson et al. \(2003\)](#), [Kraft et al. \(2005\)](#), and [Setiawan et al. \(2007\)](#)). The 3-hydroxysteroid dehydrogenase (*HSD3B*) locus encodes two androgen metabolism enzymes that convert DHT into inactive metabolites in steroid target tissues. Linkage analysis suggests that this locus is associated with prostate cancer susceptibility ([Xu et al. 2001](#)). An additional study sequenced both *HSD3B1* and *HSD3B2* genes and identified 11 single-nucleotide polymorphisms (SNPs), four of which were associated with hereditary and sporadic prostate cancer susceptibility ([Chang et al. 2002](#)). *CYP19A1* encodes an enzyme that catalyzes the conversion of androgens to estrogens. Recent studies have suggested that functional genetic polymorphisms in the *CYP19A1* gene may modify serum and/or intratumoral sex hormone levels and therefore influence prostate cancer risk and survival ([Latil et al. 2001](#), [Suzuki et al. 2003](#), [Tsuchiya et al. 2006](#), [Kanda et al. 2015](#)). The androgen transporter gene *SLCO2B1* also has a polymorphism that has been associated with prostate cancer risk and outcome ([Yang et al. 2011](#)). While none of these associations are incredibly strong, taken together, these findings suggest androgen pathway genes likely influence prostate cancer risk, suggesting that androgens are involved in tumorigenesis.

Experiments in animal models suggest that long-term exposure to both high and low systemic androgens can increase the rate of prostate cancer development.



Administration of exogenous testosterone in combination with or without estrogen and chemical carcinogens has been used to induce prostate cancer in several rat strains, and has been well reviewed elsewhere (Bosland & Mahmoud 2011). Less well appreciated are animal studies in which chronic exposure to low testosterone has increased the risk of cancer. Banach-Petrosky *et al.* (2007) used a genetically engineered mouse model (*Nkx3.1; Pten* mutant mouse) to study the relationship between androgen levels and prostate tumorigenesis and showed that prolonged exposure to low testosterone promoted a more aggressive phenotype of cancer and accelerated tumor progression compared with normal or castrate levels of testosterone. Another study showed that rats treated with methylnitrosourea and exposed chronically to low testosterone developed prostate cancer, which could be inhibited by the AR competitive antagonist flutamide (Bosland & Mahmoud 2011). Our recent findings would suggest that both supra- and sub-physiological serum levels of testosterone place adaptive pressure on the rodent prostate to maintain consistent levels of androgens and AR signaling (Zhou *et al.* 2013), which may account for the increased rate of prostate cancer in either setting.

Additional studies in both humans and animals suggest a paradoxical relationship between prostate cancer risk and serum androgen levels. One possible explanation for the inverse relationship between serum androgen levels and prostate cancer risk is that serum androgen levels are a poor surrogate for prostatic androgen levels. It has been well recognized that prostate and prostate cancer tissues are only modestly influenced by serum levels of androgens. Reports of the molecular impact of TRT as well as of male hormonal contraception on intraprostatic androgen concentration and androgen action indicate that intraprostatic levels of androgens are not affected by testosterone supplementation (Page *et al.* 2006, Mostaghel *et al.* 2012). A small study in medically castrated healthy men revealed that despite a 94% decrease in serum testosterone, intraprostatic testosterone and DHT levels remained within 20–30% of control values, and prostate cell proliferation, apoptosis, and androgen-regulated protein expression were unaffected (Page *et al.* 2006). Our group has recently used a rat model to demonstrate that tissue levels of androgens in healthy rat prostate remain constant despite being chronically exposed to a wide range of serum testosterone (Zhou *et al.* 2013). We also found that androgen levels in the prostate of rats with prolonged exposure to low testosterone were sufficient to maintain active AR signaling. Together, these studies suggest that benign prostate tissue is able to maintain

functional levels of tissue androgens despite low serum levels. Thus, benign tissue adapts to low serum testosterone to maintain functional androgen levels, and these changes may directly contribute to tumorigenesis.

Several groups have proposed a selection/adaptation model wherein low androgen levels that persist despite castration provide a selective advantage for the outgrowth of prostate cancer cells that maintain AR signaling through alterations in the androgen/AR signaling axis (Feldman & Feldman 2001, Balk 2002). A similar hypothesis has been proposed for prostate cancer initiation, in which low levels of androgens create selective pressure for prostate cells that are less dependent upon androgen for growth (Prehn 1999). In support of this hypothesis, it has been shown that during chronic exposure to low testosterone, benign rodent prostate tissue is able to maintain intraprostatic androgens and active AR signaling through mechanisms similar to those that occur in human CRPC, including increased expression of AR and androgen biosynthesis enzymes (Zhou *et al.* 2013). In addition, a recent study derived a mathematical model of androgen-regulated prostate growth to study the effects of abnormal androgen levels on selection for pre-malignant phenotypes in early prostate cancer development. The authors found that cell turnover rate increased with decreasing androgen levels, which may increase the rate of mutation and malignant evolution, and that low serum testosterone strongly selects for greater AR expression (Eikenberry *et al.* 2010). The results of this theoretical study are consistent with the findings of the aforementioned human and animal studies. In sum, it is reasonable to hypothesize that the decline in androgen levels that are a by-product of aging contributes significantly to prostate cancer initiation. There are several possible mechanisms by which this might occur:

#### Declining testosterone levels trigger the AR 'malignancy switch'

Analogous to the way in which ADT alters the AR cistrome and transcriptome in metastatic prostate cancer cells, an age-related decrease in serum testosterone could conceivably lead to similar changes in benign prostate cells. Although this hypothesis remains untested, our study has shown that chronic exposure to low testosterone increases the expression of AR and androgen biosynthesis genes in benign rodent prostate cells (Zhou *et al.* 2013). As discussed above, the overexpression of AR can alter AR-binding sites and transcriptional programs

(Urbanucci *et al.* 2012). The increased androgen synthesis induced by chronic low testosterone exposure, coupled with increased AR expression, may also drive chromosomal rearrangements (Weischenfeldt *et al.* 2013). As discussed previously, these rearrangements can result in androgen-regulated fusion proteins (e.g. TMPRSS2-ERG), which in turn alter the DNA sites at which AR binds. In addition to low testosterone, altering AR expression and the expression of enzymes in the steroid synthesis pathway, the cellular adaptation to low testosterone may involve changes in the expression of AR cofactors, which influence AR occupancy and recruitment of core transcriptional machinery.

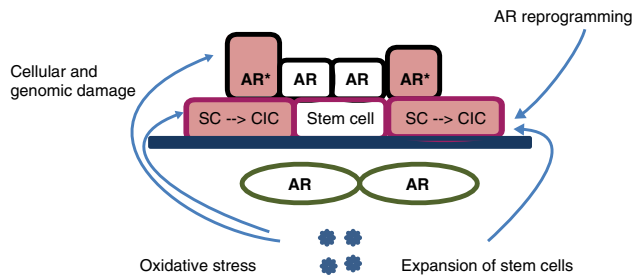
While altered expression of AR and AR cofactors could contribute to the AR malignancy switch, so too could the surrounding microenvironment. In the presence of adequate androgens, prostate homeostasis is maintained by the interaction between the stromal and epithelial cells. Binding of androgen to stromal AR causes the secretion of andromedins (Lu *et al.* 1999, Planz *et al.* 1999), which promote the proliferation of basal epithelial cells. In turn, AR signaling in luminal epithelial cells inhibits the proliferation of these cells and induces differentiation. In the absence of androgen, as occurs following castration, fibroblasts predominate at the expense of smooth muscle cells in the thickened stroma and stop producing andromedins, fully-differentiated secretory luminal cells undergo apoptosis, and basal cells become quiescent (see reviews Litvinov *et al.* (2003) and Nelson *et al.* (2003)). In the presence of low systemic testosterone levels, the cells of the prostate may not respond in the same way as they would in the presence of either normal or castrate testosterone levels. It is possible that in luminal cells, AR binds to and regulates a distinct set of genes following chronic exposure to low testosterone, one that leads to selection of preneoplastic cells that are less dependent on survival and growth signals from the stromal and basal cells. This could initiate the AR malignancy switch that causes AR-driven proliferation of luminal cells.

### Declining testosterone levels provide increased opportunity for mutagenesis in prostate stem cells

The AR malignancy switch must be initiated for cancer to develop, but it must happen in a cell with the underlying potential to become malignant, a cancer initiating cell (CIC). There is ongoing debate concerning the cell of origin for prostate cancer, but most evidence would suggest that it can arise from prostate stem cells or cells

with stem-like features. It is very possible that cancers can arise from several different incompletely differentiated cells (Wang *et al.* 2009b, Goldstein *et al.* 2010, Taylor *et al.* 2010, Chen *et al.* 2013). For the sake of this discussion, these cells will be collectively called stem cells. Because stem cells are few in number in the homeostatic adult prostate, these cells are low probability targets for mutation. However, stem cells are needed to respond to structural damage to prostate lobes and to regenerate atrophied lobes and thus are more prevalent in these settings. Therefore, it is likely that the frequency of cancer would be higher in people with recurrent prostate damage, as this would increase the prevalence of stem cells and the chance for mutagenesis in one of the stem cells. In fact, it has been well documented that men with chronic prostate inflammation, which causes damage that requires prostate lobe regeneration (and the increased presence of stem cells), are at a greater risk for prostate cancer (Haverkamp *et al.* 2008, Klein & Silverman 2008, Bardia *et al.* 2009). Interestingly, we have observed that chronic exposure to low testosterone also leads to prostate damage and the expansion of several putative prostate stem cell populations, including *Lin*-/*Cd133*+/*Cd117*+ cells and *Lin*-/*Cd49f*<sup>Hi</sup>/*Trop2*+ cells (Wang & Shen (2011) and Y Zhou, M Otto-Duessel, J Jones, unpublished observations). It is possible that low testosterone, like chronic inflammation, could increase the rate of tumorigenesis by increasing the chance for mutagenesis of a stem cell.

Chronic inflammation not only damages prostate tissue, it also exposes cells to reactive oxygen species, which cause oxidative damage (Xia & Zweier 1997, Eiserich *et al.* 1998, De Marzo *et al.* 1999). Chronic oxidative damage of nucleic acids in prostate cells has been proposed as a major mutagen responsible for both prostate cancer initiation (see review Shen & Abate-Shen (2010)) and prostate cancer progression (Khandrika *et al.* 2009). Interestingly, castration is known to cause oxidative stress and damage to prostate tissue (Tam *et al.* 2003). It is very likely that chronic low testosterone exposure also increases oxidative stress in the prostate gland as men age. In addition, oxidative damage has also been suggested to influence AR signaling by augmenting the expression of AR and AR coregulators, or/and by activating intracellular signal-transduction pathways (Shiota *et al.* 2011). Thus, low testosterone may increase prostate tumorigenesis by i) expanding the population of cells with the potential to become CICs, ii) increasing the risk of mutagenesis in those cells due to increased oxidative stress, and iii) altering AR activity in those stressed cells.

**Figure 3**

Model of low testosterone contribution to prostate tumorigenesis: low testosterone causes a disruption in the homeostatic balance of the prostate, resulting in an expansion of the prostate stem cell population, which increases the risk of genetic instability in these cells. Oxidative stress, caused in part by low systemic androgen levels, induces DNA damage in these cells, and they become cancer initiating cells (CICs). Low testosterone can also alter the androgen/AR signaling axis in CICs or their progeny, enabling continued AR signaling in the presence of low systemic androgens. A full colour version of this figure is available via <http://dx.doi.org/10.1530/JME-14-0203>.

## Conclusion

Numerous studies have defined the importance of the androgen/AR signaling axis in prostate development, homeostasis, and established prostate cancers. Each has provided important mechanistic insight, but we still lack knowledge of the role of androgen/AR signaling in prostate cancer initiation. Many clinical trials and animal studies support the hypothesis that age-related decline in androgen levels is positively associated with initiation of human prostate cancer; however, few studies have focused on deciphering the mechanism(s) that underlie this association. We propose a model (Fig. 3) in which low testosterone: i) selects for adaptive changes in benign prostate tissue that preserves and, possibly, perpetuates AR signaling, ii) expands the population of potential CICs, and iii) contributes to oxidative damage and mutagenesis in those cells. Among the challenges for future studies will be the investigation of the molecular and cellular factors that are altered in response to low testosterone and their contributions to prostate cancer initiation, especially those that induce the AR malignancy switch. Providing molecular evidence for the role of low testosterone in prostate cancer development could have important therapeutic implications. Although there are potential counter-indications (Spitzer *et al.* 2013), it is possible that TRT or other therapies to maintain testosterone levels in the normal range could be used as a chemo-preventative. However, thorough investigations on the role of androgen/AR signaling in prostate cancer initiation are necessary to

provide the foundation for development of effective strategies to prevent or delay the onset of prostate cancer.

### Declaration of interest

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of this review.

### Funding

This review did not receive any specific grant from any funding agency in the public, commercial or not-for-profit sector.

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Received in final form 20 October 2014

Accepted 28 October 2014

Accepted Preprint published online 28 October 2014