Bisphenol A enhances adipogenic differentiation of human adipose stromal/stem cells

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Abstract

Exposure of humans to the endocrine disrupter bisphenol A (BPA) has been associated with increased weight and obesity. However, the mechanism(s) by which BPA increases adipose tissue in humans remains to be determined. The goal of this study was to determine the effects of BPA on adipogenesis of cultured human adipose stromal/stem cells (ASCs), precursors to mature adipocytes. ASCs from three donors were cultured for either 14 or 21 days in adipogenic differentiation media containing increasing concentrations of BPA (100 pM–10 μ M). The extent of adipogenic differentiation in the ASCs was assessed by staining with Oil Red O to visualize adipogenic differentiation and then quantified by extraction and optical density measurement of the retained dye. BPA significantly enhanced adipogenesis at a concentration of 1 μ M after 21 days of culture. Additionally, we found that BPA increased transcription of the estrogen receptor (*ER (ESR1)*) and that treatment with the ER antagonist ICI 182 780, blocked the effects of BPA, indicating that BPA may act via an ER-mediated pathway. The results of molecular analyses indicated that the expression of the adipogenesis-associated genes dual leucine zipper-bearing kinase (*DLK (MAP3K12)*), *IGF1*, CCAAT/enhancer-binding protein alpha (*C/EBP α (CEBPA)*), peroxisome proliferator-activated receptor gamma (*PPAR γ (PPARG)*), and lipoprotein lipase (*LPL*) was temporally accelerated and increased by BPA. In summary, these results indicate that BPA significantly enhances adipogenesis in ASCs through an ER-mediated pathway at physiologically relevant concentrations.

Key Words

- ▶ adipose stromal/stem cell
- ▶ bisphenol A (BPA)
- ▶ adipogenesis
- ▶ estrogen receptor
- ▶ endocrine disrupters

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Introduction

Bisphenol A (BPA) is a compound used ubiquitously in the plastic manufacturing industry for various applications, such as lining of plastic containers (Le *et al.* 2008), and aluminum cans (Hugo *et al.* 2008), receipt paper (Biedermann *et al.* 2010, Liao & Kannan 2011, Liao *et al.* 2012), and some dental sealants

(Maserejian *et al.* 2014). BPA exposure has been linked to a wide range of negative health effects, including an increased risk of miscarriages, obesity, and cancer (Rochester 2013). Furthermore, BPA is known to accumulate in fat, with 50% of breast adipose tissue from women containing BPA (Fernandez *et al.* 2007).

BPA is also an endocrine disruptor, resulting in the activation of estrogen receptors α (ER α) and β (ER β) (Wozniak *et al.* 2005, Welshons *et al.* 2006, Le *et al.* 2008, Kim *et al.* 2012, Li *et al.* 2012, Chen Zee *et al.* 2013). The mechanism of action of BPA is associated with its shared homology with estrogen and the upregulation of downstream targets, including peroxisome proliferator-activated receptor gamma (PPAR γ (PPARG)) and lipoprotein lipase (LPL) genes, based on results from *in vitro* experiments on rodents (Melzer *et al.* 2011). Results from previous studies have indicated that, following pretreatment with the ER antagonist ICI 182 780, BPA-induced expression of the downstream product calbindin-D_{9k} was inhibited (Kim *et al.* 2012). These results indicate that BPA signals through an ER-dependent pathway.

Despite mounting evidence from epidemiological studies documenting the link between BPA and negative health outcomes in humans, mechanistic studies in human models have been limited. Previous investigations of BPA utilizing human bone marrow-derived mesenchymal stem cells (BMSCs) have failed to demonstrate an association between BPA and an increase in adipogenesis; however, BPA treatment significantly induced lipid formation in the murine-derived preadipocyte cell line, 3T3-L1 (Masuno *et al.* 2005, Sargis *et al.* 2010, Chamorro-Garcia *et al.* 2012). To date, no studies of BPA have been conducted in human adipose-tissue-derived stromal/stem cells (ASCs).

In this study, ASCs were utilized to test whether BPA induces adipogenesis through the upregulation of adipogenic genes in an ER-dependent manner at physiologically relevant concentrations. These results are of high relevance, as BPA has been shown to accumulate in adipose tissue and offers a potential mechanism to account for the recent association with obesity.

Methods

Human subjects

All protocols were reviewed and approved by the Institutional Review Board of the Pennington Biomedical Research Center and all human participants provided written informed consent. Human ASCs were obtained from subcutaneous abdominal adipose tissue of three Caucasian females with a BMI below 25 (average age 34.6 ± 8.4 and an average BMI of 22.2 ± 1.1 ; [Supplementary Table 1](#), see section on [supplementary data](#) given at the end of this article) undergoing elective liposuction procedures. The stemness of ASCs was

characterized based on their ability to adhere to plastic, fibroblast-like morphology, ability to form colony-forming units (CFUs), expression of cell surface markers (CD44⁺, CD90⁺, CD105⁺, CD166⁺, CD34⁻, CD45⁻, and CD11b⁻), and capacity to differentiate into either adipocytes or osteoblasts as described previously (Strong *et al.* 2012, 2013, Bourin *et al.* 2013).

Cell culture

ASCs were cultured on 150 cm² culture dishes (Nunc, Rochester, NY, USA) in complete culture media (CCM), consisting of alpha-minimal essential medium (α -MEM; Gibco), 20% fetal bovine serum (FBS; Atlanta Biologicals, Lawrenceville, GA, USA), 100 units/ml penicillin and 100 μ g/ml streptomycin (P/S; Gibco), and 2 mM L-glutamine (Gibco), and incubated at 37 °C with 5% humidified CO₂. After 24 h, viable cells were harvested with 0.25% trypsin/1 mM EDTA and replated at the indicated densities in CCM. Media were changed every 2–3 days. Media (CCM–charcoal dextran stripped (CDS)) were made with CDS–FBS (Gemini Bio-Products, West Sacramento, CA, USA), where indicated, to provide a system to assess BPA activity without interference due to estrogen in the serum. Donors were either individually cultured or pooled and plated in triplicate, where indicated. Donors were pooled together to account for the potential variation between the donors. Pooling was achieved through plating the ASCs from all the three donors together at equivalent concentrations. For all experiments, subconfluent cells ($\leq 70\%$ confluent) between passages 2 and 6 were used.

Adipogenic differentiation

Plated ASCs were cultured until 70% confluence was reached and replaced with fresh fat differentiation media (FDM), composed of α -MEM, 20% CDS–FBS, 0.5 μ M dexamethasone (Sigma), 0.5 mM isobutylmethylxanthine (Sigma), and 50 μ M indomethacin (Sigma), and 1% P/S.

Treatment with BPA and ICI 182 780

BPA (Sigma) or 17 β estradiol (E₂; Sigma) were diluted in DMSO (vehicle) to appropriate concentrations and added to CCM–CDS or FDM. ASCs from three donors were plated in 48-well plates (Nunc) in triplicate per donor in CCM until 70% confluence was reached and the medium was replaced with CCM–CDS or FDM containing logarithmic increments of BPA from 100 pM to 10 μ M, DMSO, or 10 nM E₂. CCM–CDS served as a negative adipogenic

control for normalization of their FDM counterpart set at 1.0. Pooled donors were treated with BPA or 100 nM ICI 182 780 (ICI; Sigma) diluted in DMSO to appropriate concentrations. ASCs receiving ICI were pretreated with ICI for 30 min to allow time for complete blockade of ERs before concurrent treatment with ICI and BPA.

Staining and quantification

Following either 14 or 21 days of culture, cells were fixed in formalin and stained with Oil Red O (Sigma) to detect neutral lipid vacuoles (Strong *et al.* 2012, 2013). Mature adipocytes accumulate lipids, which can be readily visualized using Oil Red O stain; thus, we used Oil Red O staining as a marker for adipogenesis. In particular, ASCs that had matured from stromal/stem cells to adipocytes with lipid vacuoles were assessed. Images were acquired at 10× magnification on Nikon Eclipse TE200 with a Nikon Digital Camera DXM1200F using Nikon ACT-1 Software version 2.7. After imaging, Oil Red O was extracted from each well with isopropanol and the optical density was read at a wavelength of 544 nm (FLUOstar optima, BMG Labtech, Inc., Durham, NC, USA). Values were then normalized to the protein level in each of the ASCs well established by the BCA assay (Pierce, Rockford, IL, USA).

CFU-fibroblasts

CFU-fibroblasts (CFU-F) were assessed by plating ASCs at a density of 100 cells/10 cm² in a plate containing CCM and incubated in CCM-CDS with DMSO vehicle or 1 μM BPA. After 14 days, plates were rinsed with PBS and stained with 3% crystal violet (Sigma) for 30 min. Plates were washed with PBS and then tap water. Colonies that were 2 mm² or greater in size were counted. Each experiment was performed in triplicate.

Proliferation assay

ASCs were plated at a density of 1000 cells/well in 96-well plates (Nunc) containing CCM to assess proliferation. Proliferation was assessed on days 1, 2, 4, and 7. On the day of analysis, cells were washed with PBS and the medium was replaced with fresh PBS containing 10 μl 3-[4,5-dimethylthiazol-2-yl]-2,5 diphenyl tetrazolium bromide (MTT; Invitrogen) stock solution (5 mg MTT/1 ml PBS) and the cultures were incubated for 4 h at 37 °C. Following incubation, 100 μl SDS (Sigma) was added and incubated overnight. Following incubation, optical density absorbance was measured at a wavelength of 584 nm (FLUOstar optima).

Quantitative RT-PCR

ASCs were pooled and cultured for total cellular RNA extraction using the RNeasy Mini Kit. ASCs were cultured in CCM-CDM or FDM, where indicated, with or without supplementation with 1 μM BPA and/or 100 nM ICI. RNA was then purified by DNase I digestion (Invitrogen) and reverse transcribed using the SuperScript VILO cDNA synthesis kit (Invitrogen). Quantitative real-time PCR (qPCR) was carried out using the EXPRESS SYBR GreenER qPCR SuperMix Kit (Invitrogen) according to the manufacturer's instructions. Primer sets for dual leucine zipper-bearing kinase (*DLK* (*MAP3K12*)), CCAAT/enhancer-binding protein alpha (*C/EBPα* (*CEBPA*)), insulin-like growth factor 1 (*IGF1*), *PPARγ*, *LPL*, *AP2* (*GTF3A*), *SREBP1C* (*SREBF1*), *C/EBPβ* (*CEBPB*), *ERα* (*ESR1*), and *ERβ* (*ESR2*) were used to assess the expression of adipogenic genes and ERs (Supplementary Table 2, see section on supplementary data given at the end of this article). β-actin was used as an internal reference point for normalization. At the completion of the reaction, ΔΔC_t was calculated to quantify mRNA expression. The ΔΔC_t values for BPA-induced genes were normalized to their controls and again to baseline day 0 values.

LPL western blot

ASCs were pooled and cultured for protein collection at days 0 and 7 in FDM following treatment with DMSO vehicle or 1 μM BPA. Pelleted cells were lysed with RIPA buffer (Pierce) and centrifuged for lysate collection, and protein concentration was quantified by the BCA assay (Pierce). A total of 20 μg of protein were loaded on a 12% SDS-polyacrylamide gel (Invitrogen) and transferred onto nitrocellulose membranes (Invitrogen). The blots were blocked with bløk Noise Canceling Reagents (Millipore, Billerica, MA, USA) for 30 min, probed using a primary antibody against LPL (Abcam, Cambridge, MA, USA), incubated overnight at 4 °C, washed with PBS with 0.01% Tween 20 (PBST), followed by staining with a secondary antibody conjugated to HRP (Abcam), washed with PBST, and visualized with chemiluminescence reagent (Invitrogen) on ImageQuant LAS 4000 (GE Healthcare Life Science, Piscataway, NJ, USA). Rabbit anti-actin (Sigma) was used as an internal control and for normalization.

Statistical analysis

All values are expressed as mean ± s.e.m. or s.d. The statistical differences among two or more groups were

determined by ANOVA, followed by the *post-hoc* Bonferroni multiple comparison tests vs the respective control group. The statistical differences between two groups were analyzed by Student's *t*-test. Statistical significance was set at $P < 0.05$. Analysis was performed using Prism (GraphPad Software, San Diego, CA, USA).

Results

BPA enhances adipogenesis in human ASCs

ASCs were differentiated into adipocytes with FDM in the presence of a vehicle (DMSO) or BPA. After 21 days, the resulting cells were fixed and stained, images were acquired, and wells were destained for quantification. ASCs treated with BPA demonstrated a 1.67 ± 0.13 -fold increase in adipogenic differentiation following treatment with BPA ($P < 0.01$; Fig. 1A and B). The effect of BPA on CFU-Fs was assessed following 14 days of culture, and self-renewal capacity was not affected (Fig. 1C). The effect of BPA on proliferation was investigated for 7 days, and no statistically significant effect was observed (Fig. 1D).

BPA enhances adipogenesis in human ASCs in a concentration-dependent manner

ASCs were differentiated into adipocytes in the presence of DMSO vehicle, logarithmic increments of BPA from 100 pM to 10 μ M, or a positive control (10 nM E₂) for 21 days. Following culture, cells were fixed, stained, imaged, and destained for quantification. ASCs treated with 100 nM and 1 μ M BPA demonstrated a significant increase in adipogenesis, with a maximal response observed at a concentration of 1 μ M BPA (1.67 ± 0.13 -fold increase) with cytotoxicity observed in treatments at a concentration of 10 μ M ($P < 0.01$; Fig. 2A and B).

To assess whether ASCs treated with BPA underwent adipogenesis at earlier time points, ASCs were treated with DMSO vehicle or BPA for 14 days. BPA increased adipogenesis with concentrations from 10 nM to 1 μ M compared with DMSO vehicle-treated ASCs. A maximal response to BPA was observed at a concentration of 100 nM with a fold increase in the lipid content of 1.38 ± 0.06 ($P < 0.001$; Fig. 2C).

Figure 1

Characterization of adipogenesis, colony-forming units, and proliferation in response to BPA treatment in ASCs. (A) Oil Red O staining of 21-day-treated ASCs ($n = 3$ donors) with either DMSO vehicle or 1 μ M BPA in a fat differentiation medium. (B) Quantification of Oil Red O staining of ASCs ($n = 3$ donors) following 21 days of treatment with either DMSO vehicle or 1 μ M BPA showed a significant increase in relative lipid vacuole staining compared with vehicle treatment. (C) ASCs plated at low concentrations (100 cells/10 cm dish) and grown for 14 days before crystal

violet staining for CFU-Fs, which demonstrated no significant difference between 1 μ M BPA treatment and treatment with DMSO vehicle. (D) MTT assay was used to assess proliferation data collected following 1, 2, 4, and 7 days of ASC treatment with either DMSO vehicle or 1 μ M BPA. BPA treatment did not significantly increase proliferation when compared with the vehicle. Bars, $\pm$ s.e.m. ** $P < 0.01$. A full colour version of this figure is available via <http://dx.doi.org/10.1530/JME-14-0052>.

BPA mediates adipogenesis through an ER-dependent pathway

RNA was collected from pooled ASCs ($n=3$) following 7 or 14 days of treatment with 1 μM BPA or DMSO vehicle in FDM. Following 7 days of treatment, BPA significantly increased baseline *ER α* (65.12 ± 17 , $P < 0.0001$) and *ER β* mRNA expression (20.85 ± 2.15 , $P < 0.05$; Fig. 3A). Additionally, pooled ASCs were differentiated for 14 days in FDM in the presence of DMSO vehicle, 100 nM ICI, and/or 1 μM BPA. Following culture, cells were fixed and stained, images were acquired, and wells were destained for quantification. Treatment with BPA alone produced a 1.64 ± 0.12 -fold increase in adipogenesis, while treatment with ICI alone did not have any effect on adipogenesis. However, upon pretreatment with ICI, BPA-induced adipogenesis was inhibited, indicating that BPA signals through an ER-dependent pathway (Fig. 3B, C, D, E and F).

BPA accelerates and enhances expression of adipogenic genes

Pooled ASCs were differentiated for 7, 14, or 21 days in FDM in the presence of DMSO vehicle or 1 μM BPA, and RNA was collected for qPCR. Early, mid, and late adipogenic genes were investigated and their expression was represented as relative fold induction from their baseline values at day 0. *DLK*, expressed during the early

stages of adipogenesis, showed a statistically significant 3.67 ± 0.86 -fold increase in mRNA induction with BPA treatment on day 7 ($P < 0.0001$, Fig. 4A). *C/EBP α* , a marker for the mid-stage adipogenesis, showed significantly increased induction at 7 days (7.79 ± 0.86 , $P < 0.01$; Fig. 4B). Late adipogenic genes including *IGF1* and *LPL* also showed significant transcript induction at 7 days (182.45 ± 74.63 and 6.24 ± 2.57 respectively; $P < 0.01$; Fig. 4C). The master transcriptional regulator of adipogenesis, *PPAR γ* , also demonstrated significant induction at 7 days (345.66 ± 165.21 , $P < 0.01$; Fig. 4C). Notably, the peak induction for all genes in the vehicle-only controls was observed at day 14 or 21, when compared with day 7 in those receiving BPA treatment (Fig. 4). Other genes involved in adipogenesis including *SREBP1c*, *AP2*, and *C/EBP β* were investigated, but BPA was found to have no significant effect on their expression (Supplementary Fig. 1, see section on supplementary data given at the end of this article). The greatest induction was observed in *LPL* mRNA levels, and this increase has to be confirmed through western blot analysis. Following 7 days of differentiation, ASCs that received BPA had a 1.77-fold increase in *LPL* over baseline, compared with a 1.22-fold increase in the DMSO control group (Fig. 4D). In summary, these results indicate that BPA enters into ASCs and increases the transcription of several key adipogenic genes through an ER-dependent pathway (Fig. 5).

Figure 2

BPA increases ASC adipogenesis in a concentration-dependent manner. (A) Microscopy of Oil Red O staining of ASCs ($n=3$) following 21 days of treatment with DMSO vehicle, 10 nM E₂, or logarithmic increments of BPA from 100 pM to 10 μM . E₂ was included as a positive adipogenic control. (B) Absorbance of destained 21-day-treated ASCs ($n=3$) was quantified and

showed significant increases in adipogenesis upon BPA treatment.

(C) Quantification of 14-day Oil Red O destaining ($n=3$). Bars, $\pm$ S.E.M. **** $P < 0.0001$, *** $P < 0.001$, ** $P < 0.01$, * $P < 0.05$, and $\Phi P < 0.05$.

* is compared with BPA and Φ is compared with E₂. A full colour version of this figure is available via <http://dx.doi.org/10.1530/JME-14-0052>.

Figure 3

BPA increases adipogenesis in ASCs through an estrogen receptor (ER)-dependent mechanism. (A) Induction of *ERα* and *ERβ* was measured in pooled ASCs ($n=3$) treated with either 1 μM BPA or DMSO vehicle in fat differentiation media for 7, 14, or 21 days. (B) Oil Red O staining of 14-day DMSO vehicle-treated pooled ASC donors ($n=3$). (C) Staining of 14-day 1 μM BPA-treated ASCs ($n=3$). (D) Staining of 14-day 100 nM ICI 182 780-

treated ASCs ($n=3$). (E) Oil Red O staining of 14-day 100 nM ICI- and 1 μM BPA-treated ASCs ($n=3$). (F) Quantification of destained ASCs ($n=3$) following treatment with either vehicle, 1 μM BPA, 100 nM ICI, or logarithmic increments of BPA from 100 pM to 10 μM and 100 nM ICI. Bars, $\pm$ s.d. **** $P<0.0001$, *** $P<0.001$, ** $P<0.01$, and * $P<0.05$. A full colour version of this figure is available via <http://dx.doi.org/10.1530/JME-14-0052>.

Discussion

The results of this study demonstrate that BPA enhances the ability of human ASCs to differentiate into adipocytes, as shown histochemically by Oil Red O visualization of mature adipocytes. Additionally, we have demonstrated

the increased induction of the ER and the adipogenic genes *DLK*, *C/EBPα*, *IGF1*, *PPARγ*, and *LPL* (Ali *et al.* 2013). In addition, BPA accelerates their expression with peak induction observed at day 7, when compared with day 14 of vehicle treatment. Moreover, upon treatment with the

Figure 4

BPA increases and accelerates adipogenic gene induction in ASCs. (A) Induction of the early adipogenic gene marker *DLK* was measured in pooled ASCs ($n=3$) treated with 1 μM BPA or DMSO vehicle in fat differentiation media (FDM) treated for 7, 14, or 21 days. (B) Mid adipogenic induction markers analyzed included *CEBPA*. (C) Late

adipogenic induction markers analyzed included *IGF1*, *PPARγ*, and *LPL*. (D) Western blot analysis for LPL protein levels in ASCs at baseline or following 7 days of treatment with either DMSO vehicle or 1 μM BPA in FDM. Bars, $\pm$ s.d. **** $P<0.0001$ and ** $P<0.01$.

Figure 5

Representation of the effects of BPA on adipogenesis in ASCs. The diagram illustrates BPA entering into an ASC, then interacting with the ER and translocating to the nucleus, where the transcription of key adipogenic genes such as *DLK*, *CEBPA*, *IGF1*, *PPAR γ* , and *LPL* is increased, in turn enhancing and accelerating the path from adipose stem/stromal cell to mature adipocyte. A full colour version of this figure is available via <http://dx.doi.org/10.1530/JME-14-0052>.

ER antagonist ICI 182 780, the effect of BPA on adipogenic differentiation was blocked. These findings demonstrate the adipogenic effects of BPA in human ASCs and provide a potential mechanism for the association between BPA and obesity.

While the majority of the epidemiological studies of BPA and obesity demonstrate a positive association (vom Saal & Hughes 2005, Khalil *et al.* 2013, Rochester 2013), molecular studies *in vitro* (Chamorro-Garcia *et al.* 2012) and *in vivo* (Somm *et al.* 2009) have generated conflicting results regarding the effects of BPA on adipogenesis. Notably, Chamorro-Garcia *et al.* (2012) did not observe an effect in human BMSCs upon treatment with BPA; however, the murine 3T3-L1 preadipocyte cell line responded to treatment with 100 nM BPA with a maximal adipogenic response. Additional studies on 3T3-L1 cells demonstrated that BPA treatment increased induction of *LPL* (Masuno *et al.* 2005) and *PPAR γ* (Sargis *et al.* 2010). Somm *et al.* (2009) reported that prenatal exposure to BPA in rodents led to increased white adipose depots and increased expression of *C/EBP α* , *PPAR γ* , and *LPL*. While the results of these studies are consistent with our analysis, we observed a marked induction of *DLK* and *IGF1* mRNA transcripts. *DLK* expression has been linked to adipogenesis, as well as, being a target of *PPAR γ* transcriptional activity (Couture & Blouin

2011). *IGF1* has been associated with obesity, insulin resistance, and adipogenesis (De Pergola & Silvestris 2013, Xie & Wang 2013). Additionally, out of the genes studied, we observed the largest statistically significant induction in *LPL* mRNA following BPA treatment. This finding was consistent with results from western blot analysis of *LPL* protein expression, where *LPL* protein increased following BPA treatment compared with treatment with DMSO vehicle.

Results of additional studies have indicated that BPA works through the activation of the ER (Wozniak *et al.* 2005, Welshons *et al.* 2006, Li *et al.* 2012, Chen Zee *et al.* 2013), with its effects being inhibited by the competitive ER antagonist ICI 182 780 (Kim *et al.* 2012). Similarly, we observed that following BPA treatment, there was an increase in the expression of the ER and that the addition of ICI 182 780 negated the effects of BPA on adipogenesis, indicating that BPA mediates its effects through ERs. Furthermore, *IGF1* is induced upon activation of the ER. Thus, consistent with our results demonstrating the induction of *IGF1* mRNA expression by BPA and the reduced adipogenic effects of BPA following treatment with an ER antagonist, we provide additional evidence for BPA signaling through an ER-dependent pathway (Surmacz & Bartucci 2004, Hawsawi *et al.* 2013).

Results from previous studies have indicated that BPA acts as an endocrine disrupter (Wozniak *et al.* 2005, Welshons *et al.* 2006, Le *et al.* 2008, Kim *et al.* 2012, Li *et al.* 2012, Chen Zee *et al.* 2013), by signaling through the ERs and disruption of normal estrogen signaling. Our present data showing the activation of a downstream target of the ERs (*IGF1*) following BPA treatment and the amelioration of BPA-driven adipogenesis with ICI further support the fact that BPA acts as an exogenous chemical signaling through an endogenous pathway and, thus, as an endocrine disrupter.

Our results indicate that BPA has a maximal effect at a concentration of 1 μ M; however, a significant increase in adipogenesis in ASCs treated for 14 days at levels as low as 100 pM was observed. Welshons *et al.* (2006) reported average BPA serum levels to be between 1 and 20 nM with BPA showing activity in cellular assays as low as 1 pM to 1 nM. One of the key findings of this study is that while there is a robust response to BPA at 21 days, a substantial increase in transcriptional activity at day 7 was observed and increased adipogenesis at 14 days in response to lower concentrations of BPA was noted. These findings indicate that even low-level exposure to BPA can expedite differentiation of ASCs into a mature adipocytes.

Linehan *et al.* (2012) have previously reported that BPA inhibits triglyceride accumulation in differentiating human adult stem cells through decreasing LPL expression. This study differs from that by Linehan and colleagues in that our results demonstrate that BPA accelerates adipogenesis through increasing the expression of a number of genes including *LPL*. This finding was supported by the results of western blot analysis indicating an increase in LPL protein expression following BPA treatment. Notably, our study differed in the use of an estrogen-free environment using charcoal dextrin stripped media. Additionally, we used an 80-fold lower concentration of BPA, as we observed a maximal effect at a concentration of 1 μ M and observed cell death at a concentration of 10 μ M.

Taken as a whole, our Oil Red O data indicate that BPA has the ability to enhance adipogenic differentiation of ASCs into mature adipocytes. Furthermore, the enhanced and expedited expression of the ERs and adipogenic genes indicates a role for BPA in adipogenesis. Furthermore, our data indicating that these effects are caused by ERs demonstrate that BPA is acting as an endocrine disrupter (Fig. 5).

In summary, these results present a novel demonstration of BPA's role as an endocrine disrupter and its effect on adipogenesis in a human cell model. Additionally, transcriptional targets and potential pathways through which BPA mediates its effects at environmentally relevant concentrations were described, providing a possible mechanism for the evidence from a mounting number of epidemiological studies linking BPA to negative health outcomes. Additionally, given the wide use of BPA in water bottles, canned goods, and dental sealants and the tendency for BPA to accumulate in fat, this study demonstrating enhanced adipogenesis and induction of adipogenic genes in ASCs has direct implications for the ongoing obesity epidemic.

Supplementary data

This is linked to the online version of the paper at <http://dx.doi.org/10.1530/JME-14-0052>.

Declaration of interest

J M G is a co-founder, co-owner, and Chief Scientific Officer of LaCell, LLC.

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