The hormone replacement therapy drug tibolone acts very similar to medroxyprogesterone acetate in an estrogen- and progesterone-responsive endometrial cancer cell line

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Abstract

Tibolone, a steroidogenic compound with both estrogenic and progestagenic properties, is used as an alternative for estrogen or estrogen plus progesterone hormone therapy for the treatment of symptoms associated with menopause and osteoporosis. We have evaluated whether the effect of tibolone on a human endometrial cell line is similar to, or comparable with, the effect of estradiol (E2), medroxyprogesterone acetate (MPA) or E2 + MPA treatment. Using stable transfection techniques, the estrogen receptor (ER) expressing human endometrial cancer cell line, ECC1, was altered to also express both progesterone receptors (PRs). These cells were then used to assess growth regulation and expression profiling (Affymetrix U133plus2) under the influence of E2 (1 nM), MPA (1 nM), E2 + MPA or tibolone (100 nM). Growth assessment and comparison of profiles indicate that tibolone behaves predominantly like MPA. Furthermore, regulation of prereplication complex genes, such as the minichromosome maintenance genes, could be involved in the observed strong inhibition of growth by tibolone as well as MPA. In addition, in total, 15 genes were found to be specific for tibolone treatment. These genes were predominantly involved in regulation of the cell cycle and differentiation.

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Introduction

The results of the Million Women Study (Anderson et al. 2003, Beral et al. 2005) have raised concern regarding safety of estrogen or estrogen plus progesterone hormone replacement therapies (HRT). Therefore, there is a renewed interest in the evaluation of potential therapies that may be used as an alternative to estradiol (E2) or E2 + MPA hormone substitutions. Tibolone, a steroidogenic compound used for the treatment of symptoms associated with menopause and osteoporosis, could be a useful alternative to the HRT regimens like estrogen plus progestagen or estrogen-only treatment.

In the premenopausal endometrium, estrogens induce proliferation which is counteracted by the differential activities of progestagens (Markiewicz & Gurpide 1990). For a hormone replacement therapy drug, it is important to display potent estrogenic activities for prevention of osteoporosis and climacteric complaints; however, for the endometrium, these estrogenic activities need to be balanced with appropriate progestagenic action. As indicated in literature (Kloosterboer 2001, de Gooyer et al. 2003), tibolone can be converted into estrogenic as well as progestagenic metabolites and for the endometrium, the progestagenic properties of tibolone seem to outweigh its estrogenic activities (de Gooyer et al. 2003). The reason for this can be twofold: first, tibolone may preferentially be converted into its progestagenic Δ4-isomer (Tang et al. 1993) and the second, tibolone has been described to induce sulfotransferase activity (Tseng & Gurpide 1975) in the endometrium. Sulfotransferases are enzymes involved in the inactivation of endogenous estrogens and estrogenic compounds like tibolone’s 3α- and 3β-reduced derivatives.

In order to investigate tibolone’s estrogenic and progestagenic properties, in earlier work, we have used two separate cell lines: a solely estrogen-sensitive endometrial cancer cell line (ECC1) and a solely progesterone-sensitive Ishikawa endometrial cell line. We have shown that the estrogenic activity of tibolone is potentially counterbalanced by the progestagenic metabolite of tibolone via differential regulation of similar cellular processes (Hanifi-Moghaddam et al. 2005). Because these experiments did not take into account the effects of estrogens or estrogen-like compounds on the progesterone receptor (PR) and effects of progestagens or progestagen-like compounds on the estrogen receptor (ER), we have set up a new study to evaluate the estrogenic
and the progestagenic properties of tibolone in the same cell line expressing both PR and ER. Therefore, we have generated a progesterone- and estrogen-sensitive ECC1 cell line.

The central question in this study is whether the effect of tibolone on a human ECC1-PRAB72 is similar to, or comparable with, the effect of estrogen, progesterone, or a combination of both. In this paper, we analyze and compare the gene expression profiles reflecting the endometrial response to tibolone, E\textsubscript{2}, MPA, and a combination of both (E\textsubscript{2} + MPA). The results indicate that the addition of tibolone to these cells results in a potent progestagenic response and, interestingly, also in a tibolone-specific response.

Materials and methods

Construction and culture conditions of ECC1 cell lines stably expressing hER\textsubscript{a}, hER\textsubscript{b}, hPRA, and hPRB

Recombinant plasmids

The hPR-cDNA cloned into the pSG5 expression vector was a generous gift from Dr E Milgrom (Kremlin-Bicetre, Paris, France). This vector was used to create human progesterone receptor A (hPRA) and progesterone receptor B (hPRB) expression plasmids (Smid-Koopman et al. 2005).

Cell culture and stable transfection

ECC1 cells are derived from a well-differentiated human endometrial adenocarcinoma (Satyaswaroop et al. 1983) and were a generous gift from Dr B van den Burgh (Hubrecht laboratory, Utrecht, The Netherlands). The ECC1 cell line endogenously expresses high levels of hER\textsubscript{a} (comparable to in vivo endometrial levels, not shown) and low levels of hER\textsubscript{b} (comparable to the situation in vivo) (Taylor & Al-Azzawi 2000). The cells were maintained, transfected, and selected for as described by Smid-Koopman et al. (2005). The initial selection resulted in three potentially useful clones. One clone, ECC1-PRAB72 was chosen for further characterization and used for the gene expression profiling experiments.

Characterization of the ECC1-PRAB72 cells

Western immunoblotting

The cells were cultured in the presence or absence of tibolone, E\textsubscript{2}, MPA, or E\textsubscript{2} + MPA. The hormonal concentrations are indicated in the figure legends. The antibodies used were: mouse monoclonal antibody recognizing PRB (hPR\textsubscript{a}2; Labvision Neomarkers, Fremont, CA, USA), rabbit polyclonal antibody recognizing PRA and PRB (hPgR Ab8; Neomarkers, Fremont, CA, USA), and mouse monoclonal antibody recognizing ER\textalpha (sc-8002; Santa Cruz Biotechnology). All experimental conditions regarding western immunoblotting were described earlier by Smid-Koopman et al. (2005).

Cell proliferation experiments

The cells were cultured for 6 days in the presence or absence of increasing concentrations of tibolone, E\textsubscript{2} or MPA, or in the presence of 1 nM E\textsubscript{2} + increasing concentrations of MPA. The hormonal concentrations are indicated in Fig. 1. The proliferation was measured using \textsuperscript{3}H-thymidine incorporation as described earlier by Gielen et al. (2005).

Isolation of RNA

After maintaining the cells for 1 week in phenol red-free DMEM/F12 medium (Gibco, Invitrogen Life Technologies), containing 5% DCC-FBS, they were passaged, allowed to attach, and subsequently cultured for 1, 6, 12, 24, 48, and 72 h in the absence (in total six control samples were generated) or presence of E\textsubscript{2} (1 nM), MPA (1 nM), E\textsubscript{2} + MPA (both 1 nM), or tibolone (100 nM). After removal of the medium, total RNA was isolated by lysing the cells with 3 M lithium chloride/6 M urea. Subsequently, the RNA was purified as described by Blok et al. (1995). After RNA cleanup (Qiagen), RNA levels, quality, and purity were assessed with the use of the RNA 6000 Nano assay on the Agilent 2100 Bioanalyzer (Agilent, Palo Alto, CA, USA). None of the samples showed RNA degradation or contamination by DNA.

Gene profiling and quality control

The samples were analyzed using Affymetrix U133plus2 GeneChips containing 54 614 probe sets, representing approximately 47 000 transcripts (30 000 genes). We used 1 \mu g total RNA to prepare antisense biotinylated RNA according to Affymetrix protocol for gene chip experiments (Affymetrix). All GeneChips were visually inspected for irregularities. The global method of scaling or normalization was applied. All additional measures of quality indicated a high overall quality of the samples and assays.
three replicate measurements are shown. Asterisk (*) indicates a value (see references given on the websites). Those processes with $P$ values $<10^{-4}$ were considered statistically significant and modulated.

**Validation of array data by quantitative PCR**

The validation of microarray expression data was accomplished by quantitative real-time reverse transcriptase (RT)-PCR on nine randomly selected genes (probe sets) whose level of expression differed from the controls (reflecting up- or down regulation) in at least one sample were selected for further analysis. In total, 3067 out of 54614 probe sets corresponding to 2063 known and 281 unknown genes were selected for further analysis. The Omniviz package (Omniviz) was used to perform and visualize the results of unsupervised cluster analysis. The list of differentially expressed genes is available at http://www2.eur.nl/fgg/rede/hanifi_moghaddam. Gene expression data were also analyzed using Time series regression analysis from http://linus.nci.nih.gov/brb-arraytools.html. The results from this analysis can be accessed from http://www2.eur.nl/fgg/rede/hanifi_moghaddam.

The classification of genes into biological processes was done using GoTree Machine (http://genereg.ornl.gov/gotm) and Celera database (https://panther.appliedbiosystems.com/). In order to identify biological processes with significantly enriched or depleted gene numbers, we need to compare, for each biological process, the distribution of genes in each hormone-regulated gene list with those in the reference gene list. It should be noted that an inappropriate reference list would lead to a wrong identification of regulated biological processes. Therefore, we used two reference lists: the Affymetrix 133Uplus2 gene list and the National Center for Biotechnology Information (NCBI) human gene list (n-23520). The enrichment or depletion of genes in a certain biological process indicates hormonal regulation. The significance of enrichment or depletion for a given process is determined by the $P$ value (see references given on the websites). Those processes with $P$ values $<10^{-4}$ were considered statistically significant and modulated.

**Statistical analyses**

Data normalization was done according to the quantile method (Bolstad et al. 2003). The level of expression of each probe set in every hormone-treated sample at each time-point was determined relative to its corresponding control sample and transformed logarithmically (on a base 2 scale). A threefold change deviation from the control reflects differential gene expression. Genes

![Figure 1](image-url) **Figure 1** Effect of tibolone, $E_2$, MPA, or $E_2 + MPA$ on proliferation of the ECC1-PRAB72 cell line. The cells were cultured for 6 days in the absence (control) or the presence of increasing amounts of tibolone (A) (0·01, 0·1, 1, 10, 100 nM), $E_2$ (B) (0·01, 0·1, 1, 10, 100 nM), MPA (C) (0·01, 0·1, 1, 10, 100 nM), or $E_2$ (1 nm) + MPA (D) (1000, 100, 10, 1, 0·1, 0·01, 0·001 nM) before $^3$H-thymidine was added overnight. The cells were subsequently washed and lysed, and the incorporation of radioactivity measured. The experiment was repeated twice and one representative experiment is shown. S.D.S of three replicate measurements are shown. Asterisk (*) indicates a $P$ value $<0·01$ (Student’s t-test). The Y-axis represents the percentage of growth relative to control, which is set at 100%.

**Results**

**Characterization of ECC1-PRAB72 cells**

The hormone responsiveness of the ECC1-PRAB72 cells was characterized by evaluating the effects of hormone treatments on the expression of PR and ER and the cell proliferation. Western blotting indicated that PRA,
PRB, and ERα expressions were reduced in the presence of tibolone, MPA, or E₂ + MPA (Fig. 2). Furthermore, the ERα expression was slightly increased upon culture in the presence of E₂.

Cell proliferation was also clearly affected by the hormonal treatments (Fig. 1); E₂-stimulated proliferation of the cells, while tibolone and MPA resulted in a pronounced inhibition of proliferation. It should be noted, however, that tibolone is required at a concentration 100 times higher to show similar inhibitory effect as MPA (100 vs 1 nM). MPA was also able to counteract the E₂-stimulated growth. Based on these results, we hypothesized that tibolone behaves much more similar to MPA and E₂ + MPA treatment, than to E₂ treatment.

Profile similarities

In total, 2344 out of approximately 30,000 genes were differentially expressed (at least threefold deviation from the control levels in one or more time-points) and were selected for further analyses (Figs 3 and 4). The expression patterns of nine randomly selected genes were confirmed by real-time RT-PCR indicating that the microarray experiment was of high quality (http://www2.eur.nl/fgg/rede/hanifi_moghaddam; Fig. 5).

Unsupervised cluster analysis was applied to analyze profile similarity between different treatments (Fig. 3). In addition, the magnitude of profile similarity between tibolone and the other hormones is indicated in terms of the number of regulated genes for each time-point in Fig. 4A–C. In addition, the magnitude of profile specificity for each hormone treatment in terms of the number of treatment-specific genes is indicated in Fig. 4D. Our definition of a treatment-specific gene is if a gene is only modulated by one hormonal treatment and not by any of the other hormonal treatments at any time points.

In the unsupervised cluster analysis (Fig. 3), three main clusters were defined by the software program and can be distinguished. The first main cluster contains all 1-h expression profiles of all hormonal treatments. Since the numbers of regulated genes are small, the only relevant conclusion drawn from this cluster is that at 1 h, gene regulation by the four hormonal treatments is clearly different from that measured after longer treatment times.

Interestingly, after 1 h, the E₂ profiles are disassociated from the other profiles and form the second main cluster. On average, considering all time-points excepting 1 h, only 7% of the total number of genes regulated by tibolone is regulated by E₂ also. This result was not unexpected because the cell proliferation data indicated a clear opposite response to tibolone when compared with E₂ (Fig. 1A versus B).

The third main cluster is formed by the profiles generated after 6, 12, 24, 48, and 72 h of treatment of the ECC1-PRAB72 cells with tibolone, MPA, or E₂ + MPA. Within this cluster, a number of sub-clusters can be defined. First, at 6 and 12 h, the profiles of tibolone, MPA, and E₂ + MPA cluster together. Second, the 24, 48, and 72-h E₂ + MPA treatment dissociates from the other treatments and forms its own sub-cluster. Third, at 24, 48, and 72 h, tibolone and MPA cluster closely together. These observations are strengthened by the percentages of the shared genes; tibolone and E₂ + MPA share about 41% of regulated genes and this percentage increases to 55% for tibolone and MPA alone. Interestingly, despite these similarities, there is still a relatively large proportion of genes which is hormone treatment-specific (Fig. 4D). In total, 366 genes were exclusively regulated by tibolone, 67 genes were specifically regulated by E₂ + MPA, 269 genes were MPA-specific, and 221 genes were E₂-specific (Fig. 4D).

Physiological similarities

Cluster analysis groups genes based on their expression pattern and does not consider the functional relationships between genes. In theory, genes that are functionally unrelated could be co-regulated due to their physical vicinity on the genome and thus can be clustered together (Zhang et al. 2003). In order to understand the (dis)similarity of expression profiles in terms of biological processes, all differentially regulated genes were classified into biological processes and those
Figure 3 Effect of tibolone, E₂, MPA or E₂+MPA on the transcription profile of the ECC1-PRAB72 cell line. The cells were cultured for 1, 6, 12, 24, 48, or 72 h in the absence or presence of tibolone (100 nM), E₂ (1 nM), MPA (1 nM), or E₂+MPA (both 1 nM) before RNA was isolated from the cells. The expression profiles were generated from all conditions and genes were considered regulated if expression differed by at least a factor 3 from control expression. In total, 2063 known and 281 unknown genes were found to be regulated by any of the treatments. The expression of those genes was analyzed relative to the expression under control conditions using unsupervised clustering. Unsupervised clustering arranges genes and treatments on the basis of calculated similarities (www.omniviz.com). The colors represent at least threefold higher expression than under control conditions (red) or threefold lower expression than the control values (blue). The intensity of the colors indicates the fold difference from control.
processes with significantly enriched gene numbers were identified. ‘Cell growth’ and ‘morphogenesis’ were the most significantly regulated processes by E2 and E2+MPA ($P<10^{-4}$). The ‘cell cycle’ was found to be the most significantly regulated process by tibolone and MPA treatment ($P<10^{-15}$).

### Discussion

The initial characterization of the ECC1-PRAB72 cell line shows that as far as PR/ER expression and growth regulation is concerned, tibolone resembles E2+MPA and MPA treatment. This observation is refined upon analyzing the gene expression profiles of the different treatments, which shows the highest similarity of tibolone treatment to MPA treatment. Based on these two observations, we conclude that the molecular working mechanisms of tibolone and MPA in the well-differentiated endometrial carcinoma cell line ECC1-PRAB72, are very similar. However, this conclusion oversimplifies the reality; the expression profiles of tibolone and MPA indeed clustered together, but this result is obtained only through a 55% overlap between the genes that are regulated by tibolone and MPA.

Upon administration of a hormone to a cellular system, usually some genes are transiently regulated, while others are more permanently (constitutively) regulated. It can be argued that the permanently regulated genes are generally those that are important for a sustained hormonal effect on a cellular model. Upon reviewing those genes that were regulated at least at the 24, 48, and 72-h time-points (permanently) in the present experiments, it was found that the percentages of overlapping genes between the hormonal treatments changed. It was calculated that 393 genes out of a total of 1384 tibolone-regulated genes were regulated permanently. The overlap with permanently E2-regulated...
genes was only 7%, with permanently $E_2$ and MPA-regulated genes was 58%, and with permanently MPA-regulated genes was 77%. Interestingly, if these percentages are compared with the overall overlap percentages, the overlap between tibolone and $E_2$ remained unchanged, while that between tibolone and MPA markedly increased (MPA: 55% becomes 77%).

Upon reviewing the permanently tibolone-regulated genes in more detail, only 21 genes were truly tibolone-specific (never regulated at any time-point by any of the other hormonal treatments). From six of these genes, no additional information was available in literature, which left 15 genes with a putative common element that links them to tibolone-signaling. A literature search indicated that most of the 15 genes could be linked to general processes like differentiation (TWSG1, TFCP2L2, SLC39A14, PITX1, THADA, ID1) and the cell cycle (PPP3CC, MCM2, ASF1B, ELL).

Upon reviewing the literature further, minichromosome maintenance defective 2 (MCM2) turned out to be the most interesting because it is part of a complex, which is prerequisite for DNA replication (Bailis & Forsburg 2004). The minichromosome maintenance proteins (MCM2–MCM7) form a heterohexamer that is part of the prereplication complex. DNA replication begins with loading of the origin recognition complex, followed by recruitment of Cdc6/Cdc45, followed by loading of the MCM2–7 complex (Guida et al. 2005). Upon entering the S-phase, Cdc6 is released and kinase activity recruited (Cdc2-cyclinE and Dbf4-Cdc7) to initiate DNA synthesis. Because the prereplication complex dissociates from DNA, replication of each region on the genome occurs only once during a cell cycle (Guida et al. 2005). In general, replicating cells...
have higher levels of MCM proteins than quiescent cells. During the menstrual cycle, this finding was illustrated in a physiological setting; in the follicular (proliferative) phase, MCM2 and MCM3 levels were found to be significantly higher than during the luteal (differentiation) phase (Kato et al. 2003).

Upon analyzing our own data concerning prereplication complex-regulated genes (Table 1), it was observed that most of the above-mentioned genes were clearly downregulated by tibolone as well as MPA. Since a downregulation of components of the prereplication complex is highly correlated to downregulation of proliferation in the endometrium (Kato et al. 2003), these findings can at least partly explain the growth-inhibitory properties of tibolone and MPA.

The fact that tibolone acts very similar to MPA was drawn from the results as discussed above. A question, which remains then, is where this progestagenic activity comes from. A simple explanation would be if tibolone was metabolized 100% to its progestagenic isomer—4-tibolone (Schatz et al. 2002). It is very well possible that this reduction in ERα expression is responsible for the diminished estrogenic response that is left after tibolone treatment of the cell line.

Another explanation for tibolone’s dominant progestagenic properties can be found in the first experiment that was performed to characterize the presently used cell line. In Fig. 2, it is shown that MPA, E2 + MPA, and tibolone treatments clearly result in a profound reduction in ERα expression. It is very well possible that this reduction in ERα expression is responsible for the diminished estrogenic response that is left after tibolone treatment of the cell line.

It is also possible that tibolone’s progestagenic dominance has to do with the fact that a cancer cell line was used. The presently used ECC1-PRAB72 endometrial carcinoma cell line has a relatively high proliferation rate. It is possible that due to this, estrogens are only capable of having a relatively minor growth stimulatory effect (twofold in Fig. 1), while tibolone and MPA are highly effective to induce inhibition of proliferation. The results presented in Fig. 1 and the high number of regulated genes by tibolone, MPA, and E2 + MPA treatments when compared with E2 treatment, as shown in Fig. 4, seem to support this hypothesis.

Whether, in vivo, tibolone’s progestagenic properties are dominant remains to be seen; Timmer & Houwing (2002) observed that in serum of tibolone-treated patients, the 3α- and 3β-hydroxy metabolites are the most predominant metabolites, while the Δ4-isomer can only be measured until 6 h after administration. Our own data (Klaassens et al. 2006) on the endometrial tissues of healthy postmenopausal women indicate that relatively short-term tibolone treatment (21 days) results in some estrogen-like stimulation of the human endometrium, while it is specifically after long-term treatment that tibolone’s progestagenic properties outweigh its estrogenic properties. To test

### Table 1: Genes regulated by tibolone or MPA and involved in the prereplication complex

<table>
<thead>
<tr>
<th></th>
<th>MPA 24 h</th>
<th>MPA 48 h</th>
<th>MPA 72 h</th>
<th>Tibolone 24 h</th>
<th>Tibolone 48 h</th>
<th>Tibolone 72 h</th>
</tr>
</thead>
<tbody>
<tr>
<td>CCNE2</td>
<td>-1.53</td>
<td>-0.91</td>
<td>-0.88</td>
<td>-1.52</td>
<td>-1.33</td>
<td>-1.93</td>
</tr>
<tr>
<td>CDK6</td>
<td>-1.04</td>
<td>-1.23</td>
<td>-1.62</td>
<td>-0.86</td>
<td>-1.36</td>
<td>-1.56</td>
</tr>
<tr>
<td>CDK2</td>
<td>-2.29</td>
<td>-0.85</td>
<td>-0.73</td>
<td>-1.21</td>
<td>-0.78</td>
<td>-1.79</td>
</tr>
<tr>
<td>CDC45L</td>
<td>-1.18</td>
<td>-1.24</td>
<td>-0.81</td>
<td>-1.25</td>
<td>-1.34</td>
<td>-1.71</td>
</tr>
<tr>
<td>MCM7</td>
<td>-1.71</td>
<td>-1.05</td>
<td>-0.96</td>
<td>-1.41</td>
<td>-1.53</td>
<td>-1.61</td>
</tr>
<tr>
<td>MCM6</td>
<td>-1.63</td>
<td>-1.10</td>
<td>-1.31</td>
<td>-1.63</td>
<td>-1.62</td>
<td>-1.77</td>
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<tr>
<td>MCM5</td>
<td>-1.42</td>
<td>-0.84</td>
<td>-0.88</td>
<td>-1.27</td>
<td>-1.24</td>
<td>-2.18</td>
</tr>
<tr>
<td>MCM4</td>
<td>-1.72</td>
<td>-0.49</td>
<td>-0.80</td>
<td>-1.45</td>
<td>-0.78</td>
<td>-1.28</td>
</tr>
<tr>
<td>MCM3</td>
<td>-1.04</td>
<td>-0.69</td>
<td>-0.82</td>
<td>-1.37</td>
<td>-1.26</td>
<td>-1.56</td>
</tr>
<tr>
<td>MCM2</td>
<td>-1.43</td>
<td>-0.93</td>
<td>-1.01</td>
<td>-1.69</td>
<td>-1.54</td>
<td>-1.76</td>
</tr>
</tbody>
</table>

The numbers indicate the logarithmically transformed (on a base 2 scale) expression values relative to the control values (negative numbers indicate downregulated genes). The gray boxes indicate those genes that were found to be downregulated by a factor 3 or more as compared with control values. To the left, the gene titles are provided. CCNE2 represents cyclin E2, and CDC45L is the gene title for CDC45. The entire gene list can be accessed from http://www2.eur.nl/fgg/rede/hanifi_moghaddam.
this hypothesis, we are in the process of generating expression profiles of endometrial tissues from long-term tibolone users.

In summary, the answer to our main question regarding the similarity between E2, MPA, E2+MPA, and tibolone is that in the estrogen- and the progesterone-responsive endometrial cancer cell line ECC1-PRAB72, tibolone acts very similar to MPA and is clearly different from E2. However, there are also hormone-specific differences between tibolone and MPA.

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